

The Best pH Balance Body Wash for Your Skin

thecrownchoice.com/product-reviews/ph-balance-body-wash

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I'm sure you've experienced this.

You wake up one day and your skin isn't as smooth and soft as it used to be.

What is happening?

One major cause comes from using a harsh non pH balanced body wash everyday that isn't suited to your skin.

Skincare is personal. Everyone has unique skin.

Skin types include dry skin, oily skin, combination skin, and sensitive skin. Using a body wash for oily skin will not help you if you have dry skin.

You've heard a lot about pH balanced products nowadays. But have you wondered what it really means and what it does to your skin?

Let's start with the best pH-balanced body wash you can buy right now.

Best pH balanced body wash right now

[Get the best pH balanced soap today >](#)

- **pH BALANCED SOAP 5.5:** Best natural pH balance shower gel.
- **NEUTRAL AND SOOTHING pH SOAP:** Perfect for skin that needs more attention and care.
- **BEST BODY CLEANSER:** No triclosan, sulfates, formaldehyde, salicylates, parabens and other harsh chemicals.

This [pH balanced body wash](#) is our baby. It's also our best selling body wash.

It's buttery smooth, velvety and refreshing.

It cleans, soothes and doesn't irritate.

We crafted this blend after 1.5 years of rigorous testing and cycling through multiple manufacturers to meet our requirements.

Look at the [reviews on Amazon](#) and you'll see what we mean.

People with eczema, red, dry and sore skin use our product and are overjoyed they have found something that finally works.

Our secret? We simply leave out all useless junk and fillers that fill up the majority of products. When you buy mass market products, 80% of the content is low quality filler. Stuff you wouldn't dare buy or use if you knew what it was.

Our very first ingredient is aloe vera juice because we know how good it is for your skin. We could have used water and made it cheaply, but why?

Our top ingredient is manuka oil from New Zealand because of the healing and soothing properties it has. We could have used something else like SLS, but why?

If you are looking for the best pH balanced body wash for you and your family, try our body wash and experience the difference.

What we like:

- ✓ All-natural & vegan
- ✓ Non-drying & pH balanced
- ✓ Energizing sweet peppermint scent
- ✓ Specifically made for sensitive skin

What we didn't like:

- ✗ On the watery side
- ✗ Higher price compared to mass market

Still not sure or skeptical about this whole pH balanced thing? Let's see why it's something you need to consider.

What does pH balance mean?

Your skin has an acid-base balance. Your skin's microbiome should always keep an equilibrium between the degrees of acidity and alkalinity.

To put it simply: a **healthy skin has a balanced pH of 5.5.**

5.5 is the happy spot. It's soft, it's smooth, it's hydrated.

If you go too much below or above, your skin pH is NOT balanced and you'll experience dryness or oiliness.

Using basic soaps and washes can strip your skin of its natural acidity and helpful lipids which is there to protect your skin barrier. The more and consistently you strip it away, the weaker your skin becomes.

If you wash your face with a product and your face feels tight afterward, you've just washed off the natural oils from your face. That tight feeling means the product you used is too harsh for your skin.

It doesn't matter what they say about it being gentle and smooth, it's too harsh for your skin.

Improving your skin pH

If your skin is constantly dry or oily regardless of what you use, you'll have to get deeper into the cause by changing your diet.

In cases of pH imbalance, eating food rich in vitamin E and hydrating leafy green vegetables can help you to restore the balance. Combine that with using a neutral pH bath wash to make it easier on your skin.

Optimal skin pH range

A natural protective mantle goes between 4.5pH and 5.75pH. If the pH goes below 4.5 then your skin becomes too acidic and if it's above 5.75 then it's too alkaline.

5.5 is the optimal and most neutral skin pH. It only makes sense to use a soap or wash that is also at a pH of 5.5 to maintain this balance.

A high acidity in the skin is not common but it will make the skin prone to irritation. Skin that's too alkaline will strip your skin of protective lipids thus making it prone to dryness and eczema.

This is why maintaining a pH-balanced skincare and using the best pH-balanced body wash is important.

Choosing the proper pH-balanced shower gel

Some points to keep in mind again as it is important.

- 5.5pH is the optimal level
- best range is 4.5 to 5.5pH
- below 4.5 means your skin becomes too acidic
- above 5.75 means your skin is too alkaline
- maintaining pH balance protects your skin barrier

It's safer to use low pH products than high ones.

Drugstore soaps have high pH and are thus too alkaline. Usually, their pH ranges between 9 and 11pH. You'll find that nearly all drugstore brands are mass market products. It has to be made extremely cheaply for everyone selling it to make their profit.

Selling a good product is not goal with drugstore brands. The focus is on how cheap can you make and sell it.

If you buy a \$2 soap, what do you expect?

Using any sort of soap with a level of pH 9 and above will strip your face dry. If you already have dry or irritated skin, you are going to make it worse.

Two other pH balanced cleansers to consider

We all know that brands are not always honest about the specs of their products. We can't count on their honesty for the well-being of our skin.

In this section, we won't mention the bad products but instead, I'll feature two other pH balanced cleansers that are too good to ignore.

Here they are.

Tree to Tub – Soapberry for Body

What we like:

- ✓ No alcohol content
- ✓ For hair, face and body
- ✓ All natural
- ✓ Super quality

What we didn't like:

- ✗ Expensive
- ✗ Small size

[Get Soapberry for Body Today >](#)

The ingredient is made of soapberry which is a natural ingredient from Taiwan that naturally produces suds.

If you have the budget, try it out. The bottle is small compared to the high price, but the ingredients are fantastic. Ingredients are only available from Taiwan, so it has that exotic factor to it.

You could continue to get cheap stuff, but once you try it, I'm sure you'll agree.

Puracy Natural Body Wash

What we like:

- ✓ Verified safe
- ✓ pH balance soap
- ✓ Natural scent
- ✓ Sea salt deep cleanse
- ✓ Vegan

What we didn't like:

- ✗ Scent is weak
- ✗ Weak lather

[Get Puracy Natural Body Wash Today >](#)

Based out of Austin, Texas, Puracy makes some fantastic products. The natural scents derived from citrus and sea salt are plant-based and formulated to be gentle and non-irritating.

They don't mention or make it easy to find, but the product is pH balanced so it is great for sensitive skin.

It can be used by bigger kids and pets. Great for after-pool showers to get rid of chlorine and other pool crud.

You can also find Puracy in Target stores.

Careful with bar soaps

I want to bring up bar soaps here and why you need to be careful if you have sensitive skin.

If you are using bar soaps, check to see what pH range it is. Most bar soaps have a high pH.

I've yet to come across a bar soap with a pH below 5 that had good ingredients. Natural and homemade soaps are not good as they are high in pH, not balanced and not tested.

A lot of people think that making a soap at home is a great idea because it is natural and organic. While that may be true, it's never tested for stability and pH. It could ruin your skin before you realize what's happening.

Check your soap pH level

Cheapest and fastest way is to search for one that is pH balanced. It will be hard to find in store at a retail shelf. Search online like [The Crown Choice](#) and you'll find the [best body wash pH](#).

You can test the pH of your soap by using these [cheap pH strips](#) from Amazon. It's a simple litmus test that you used in school. Or you can read what's on the little sticker on the product.

If you're used to chemical soaps you might find it a little strange that natural **pH balanced soaps** don't lather that well. Other than that, you can't go wrong when you change from a chemical soap to pH balanced soap brands.

Are vegan or natural body washes pH balanced?

Vegan or natural body washes [are not necessarily pH balanced](#).

They are pH balanced in cases where the company is using high-grade ingredients. In other cases, they usually have a hurried and flawed manufacturing process.

Modern manufacturing organizations are usually not as true to what they put on their packaging. A "pH balanced" on the outside doesn't mean it's true.

Make sure to always check the label of the product description to get the right information.

Try The Crown Choice Today

pH balanced soap is more expensive to produce than regular soap and we aren't shy about using the best ingredients.

We believe that body and face care products are a big part of your skin well being. We place a lot of importance to producing the best pH skin care products in the market.

We use high-grade ingredients and our manufacturing process is meticulous to produce a body wash that is soft and gentle that cleanses your skin.

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If you are looking for a quality body wash for dry or irritated skin, then buy a bottle of our body wash and see why people ooh and ahh after using our shower gel.

pH Balance Soap – Natural 5.5pH Sweet Peppermint

[Get the best pH balanced soap today >](#)